TO RECEIVE A CERTIFICATE FOR CONTINUING EDUCATION CREDIT, YOU MUST:
1. Review the conference schedule, abstracts and CE information at www.isps-us.org before the conference begins. They contain important information regarding your continuing education credit.
2. Register for CE credits prior to or during the conference, and pay the additional $60 CE fee. You must provide the type of credits, and your state and professional license number. NOTE: Our accrediting boards do not accept retroactive CE credit requests. You must sign up and pay for a CE certificate before the conclusion of the conference.
3. You will receive credit for the sessions you attend that qualify for CE/CME credit. You must attend the entire session in order to receive credit for that session AND you must attend the live session.
4. Complete the online evaluation. Instructions for completing the evaluation are included on the next page. Once you have completed the evaluation, YOU CAN PRINT YOUR OWN CE CERTIFICATE. We can’t give you a certificate.

AVAILABLE CREDIT AND CLARIFICATION OF TERMINOLOGY
Continuing education credit is available for professional educators and many healthcare Professionals. If you plan to purchase credit here, please do so before the conclusion of the conference. You may not register for credit after the conference concludes. This restriction is imposed by our accrediting agencies, and we are not able to make exceptions to it. Continuing education terminology varies from profession to profession and can be confusing. Generally speaking, “clock hours”, “contact hours”, and “continuing education credits” all refer, or are calculated on the basis of, time actually spent in training.

IBH awards one continuing education credit for each 60 minutes of training received. Luncheon and scheduled breaks are not counted toward clock hours/credits awarded. The exact number of credits/clock hours you’ll receive for attending the conference will depend on the specific break-out sessions you attend. This calculation will be made for you automatically when you complete the online evaluation form at the end of the course, and will appear on your certificate of completion. Neither Professional Development Points (PDPs) nor college credit will be awarded for the conference, though participants are free to make their own arrangements regarding the use of credits earned. Please contact the Institute for additional information. Credits are not offered for ePosters.

ADDITIONAL INFORMATION FOR EDUCATION PROFESSIONALS
IBH is approved by the Washington State Professional Educator Standards Board (WSPESB) as a clock hour provider for educators. The WSPESB is a member of NASTEC (the National Association of State Directors of Teacher Education), as are approval boards from most other states. In our experience, clock hours earned through the successful completion of educational activities offered by a WSPESB approved provider may be applied by educators in most states toward the fulfillment of their professional education requirement, re licensure requirements, and/or other purposes for which clock hours are generally used. However, we cannot guarantee that this will be true for all educators in all states. As you know, continuing education requirements are set by each individual state, and in some cases, by districts within states. So we urge you to verify with your state/district that you’ll be able to use clock hours earned at this conference in the way(s) you’d like to use them.
Finally, your state/district may require that clock hour verification be submitted on their own form, and/or that additional documentation be provided. Please contact IBH directly for assistance with these forms.

**DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS**
The Institute for Better Health Inc. is responsible for the content, quality and scientific integrity of all CE/CME activities certified for credit. When an educational activity is offered for medical (CME), Nursing (ANCC) and/or Psychology (APA) continuing education credit, participants must be informed as to the source, amount, nature, and disposition of any funding used to support the activity, whether in the form of educational grants, cash contributions, or in-kind contributions. Individuals in a position to influence course content must also disclose whether they have one or more relevant financial relationships with ineligible companies.

We define ineligible companies as those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. There is no minimum financial threshold; individuals must disclose all financial relationships, regardless of the amount, with ineligible companies. We ask that discloses are made regardless of whether the individual views the financial relationships as relevant to the education. For more information on the Standards for Integrity and Independence in Accredited Continuing Education, please visit accme.org/standards.

All those in a position to control the content of an education activity are asked to disclose any relevant financial relationships they have with any ineligible companies.

*There is no commercial support for this activity.*

*The remaining planners/presenters for this educational activity have no relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.*

**CE/CME INFORMATION**
This professional continuing education activity was sponsored by The Institute Better Health (IBH) and co-sponsored by ISPS-US. IBH, who has been approved as a provider of continuing education and continuing medical education by the organizations listed below, maintains responsibility for the educational activity offered and for following the standards and regulations for the organizations listed below. **This live online conference is approved for up to 9 contact hours.** You will receive credit for each session attended in full that is approved for CE credits.

**COUNSELORS:** Institute for Better Health is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0063. Counselors may earn 1 hour per contact hour attended.

**EDUCATORS:** The Institute for Better Health has been approved by the Washington State Professional Educator Standards Board (WESPSB), a member of NASDTEC, as a Clock Hour Provider for Educators. Learners may claim one Clock Hour for each activity hour attended. Please contact your individual state boards for information regarding reciprocity and any additional requirements.

**NURSES:** Institute for Better Health, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation. Provider
approved by the CA Board of Registered Nursing (BRN Provider CEP#2672) for 1 CEH’s per hour attended.

**PHYSICIANS:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Institute for Better Health and ISPS-US. The Institute for Better Health is accredited by the ACCME to provide continuing medical education for physicians. Institute for Better Health designates this live internet learning activity for a maximum of 1 AMA PRA Category 1 Credits ™ per hour attended. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**PSYCHOLOGISTS:** Institute for Better Health is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. Institute for Better Health maintains responsibility for this program and its content. Institute for Better Health, Inc. is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0007.

**SOCIAL WORKERS:** Institute for Better Health, Inc is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0091. Social workers may earn 1 hour per contact hour attended.

*ISPS-US regrets that we are no longer able to offer national social worker credits, due to recent changes in requirements that we are too small to afford. Social workers in many states may be able to submit APA or other types of credits to your licensing board. Check with your state licensing organization.*

**Note:** Many state boards accept offerings accredited by national or other state organizations. If your state is not listed, please check with your professional licensing board to determine whether the accreditations listed are accepted.

**QUESTIONS REGARDING CE – CONTACT IBH...**
We’re here to help with any CE related problems. Email staff@ibh.com for most general questions, to request forms, or for technical help completing your online evaluation.

**How to Obtain Your CE/CME Certificate**
Please follow these steps to access your course evaluation and CE certificate through IBH’s online portal. Please read through all of the instructions below before proceeding.

1. You will receive an email with a unique web link to complete the post workshop evaluation process. By following this link, you will arrive on the IBH-Join Event webpage.

2. In the first field provided, enter the email address you used to register for the course.
   - If this is your first time logging into the IBH event page, you will need to complete all required fields including your address.
   - Returning attendees only need to enter your email address. Type your email address and hit ENTER on your keyboard. This will direct returning attendees straight to your customer account page.
3. The course you recently completed will be pre-populated into your account. Click on the "Certificate" button located below the title of the conference, that looks like this:

![Certificate]

4. A pop-up menu will appear with the next steps. You will need to complete these steps from top to bottom.
   a. Click on “Customer Attendance Confirmation”. Select each session you attended during each time slot.
   b. A list of evaluations will be generated based on the sessions you selected. Fill out the evaluation for each session and for the overall conference. 
   **Note:** You do not need to complete every evaluation at one time. Each evaluation you have submitted will be saved and your progress recorded in our system when you press “Submit”. You can return later to complete the remaining evaluations by logging into your account as instructed above.
   c. Click that you have read and agree with the attestation statement.

5. Click “Download your Certificate”, or have your certificate emailed to you.

**How to Change Your Name on the Certificate:** The name shown at the top of your account page will be the name printed on your certificate. To change your name, click the "Update Info" button in the top section of the page, and enter the name you wish to appear on your certificate.

**How to Return to the IBH Portal**
If you don’t have time to complete the post-workshop requirements now, you may return at a later time. To re-access your customer account, visit https://ibh.ce21.com/Account/Login
   - Since a password is (most likely) not currently assigned to your customer account, please select the ‘Forgot my Password’ link. A password will be emailed to your email address on file which will allow you to proceed to your online account.
   - If you already have an account with IBH, please proceed with your existing password.