

## **ISPS-US 2021 Virtual Conference:**

*Moving Toward Shared Understandings in Psychosis and Extreme States:  
Professional, Individual, and Family Perspectives*

### **PRESENTER BIOGRAPHIES**

**John Adenle** is a Sculptor and Art educator. He has participated in local and international exhibitions. He is a member of an Arts in Medicine fellowship where he picked up the art of Origami.

**Shelly Ben-David, PhD, RSW** is an Assistant Professor of Social Work at UBC. Her program of research focuses on the prevention and early intervention of mental illness for youth and young adults.

**Stephen Betuker, MSW** has been working with the SPMI since 2001, working in Illinois, Ohio, and NC. Stephen has extensive experience with ACT implementation, developing high-fidelity ACT teams, and rebuilding struggling teams.

**Satu Lilja Beverley, MSSC, MA** 50 years work experience as a psychologist and volunteer. Mental health activist since late 1990. Open Dialogue advocate since 2011 when she had a meeting with professor Jaakko Seikkula.

**Claire L. Bien, MEd** works at the Yale Program for Recovery and Community Health, and is the author of a memoir, *Hearing Voices, Living Fully*. She is also president of ISPS-US and on the board of the HVN-USA.

**Marilyn Charles, PhD, ABPP** is a psychologist and psychoanalyst at the Austen Riggs Center, affiliated with the Universidad de Monterrey. Books include *Working with Trauma and Psychoanalysis and Literature*.

**Françoise Davoine, PhD** Ecole Freudienne of Paris. Faculty in the EHESS: led with Jean Max Gaudillière a seminar for 40 years, "Madness and the Social Link." Psychoanalyst in public psychiatric hospitals and consultation for 30 years. Now in private practice.

**Joseph S. DeLuca, PhD** is an NIMH-T32 Postdoctoral Fellow at Mount Sinai, specializing in early psychosis and stigma research.

**Cassandra Fehr** is a clinical psychology practicum student at the Royal Ottawa Mental Health Centre. She works in the Schizophrenia Recovery Program under the supervision of Dr. Nicola Wright.

**Rachel Flanigan** is a PhD Candidate in Economics. She has lived experience of psychosis. Rachel is a co-founder of Mountain Hearing Voices and has facilitated over 150 Hearing Voices meetings.

**Tomas Fogl, MD, FRCPC** is a psychiatrist who runs the Lilac Lane Institute, a clinic with a focus on integrating CBT for psychosis, compassion approaches, ACT, positive psychology and fitness into therapy.

**Tanya Frank, MFA** is a mother whose son has been caught in the mental health system for twelve years. It is her hope that we can create more compassionate models of understanding.

**Kasia Jowett Garland, MPsy** is an attending inpatient psychologist at Bellevue Hospital and a NYU Clinical Instructor in NYC. Her clinical focus is on the treatment of complex trauma and psychosis.

**Nadya Gomez** obtained a BFA in design in 2005. Since fleeing psychiatric maltreatment, she has founded groups for artists and autists alike. Her creativity podcast and community, ExpressionQuest.net launched last year.

**Dmitriy Gutkovich** chairs the ISPS-US Experts by Experience Committee, serves as Board Member for HVN USA and NYC Peer Workforce Coalition, and has authored Life with Voices: A Guide for Harmony.

**Will E. Hall, MA, DipIPW, Cert. OD** is a PhD candidate at Maastricht University and a psychiatric survivor activist. He authored the Harm Reduction Guide to Coming Off Psychiatric Drugs and Outside Mental Health. [www.willhall.net](http://www.willhall.net)

**Rory Higgs** is a peer support worker, researcher, and the administrator for the BC Hearing Voices Network. They currently research psychosis, identity, and culture at the University of British Columbia.

**Michael Jacobs, MA** is a clinical psychologist in-training at Mount Sinai and professional actor.

**Gerald Jordan, PhD** is a Postdoctoral Fellow at McGill University whose work focuses on how people change their lives and communities after having a mental health problem, and the factors that make such changes easier or more difficult.

**Holly Kelsey** is a family member of a person with psychosis. She is preparing for a Master's degree in Psychology and is particularly interested in trauma, psychosis, and social justice.

**Toshiko Kobayashi, MA, LCAT, ATCS, ATR-BC** formulated the theory of Expressive Origami Therapy (EOT), emphasizing the use of origami as a tool of art therapy in trauma work. She has retired from the Trauma Program as Staff Coordinator at Bronx Psychiatric Center and continues to be a consultant.

**Barna Konkoly-Thege, PhD, C.Psych.** works as a clinical and research psychologist. His clinical interests include cognitive behavioral therapy for psychosis and the psychodynamic and system-oriented treatment of mental disorders.

**Shannon LaBelle** Researcher of mental health and inclusion, facilitated trainings on engagement and inclusion practices, spearheaded social justice community initiatives, and managed innovative peer-support models in mental health inpatient.

**Brigitte Ladisch, PhD** is a Clinical Psychologist in the DC area; completed the psychoanalytic psychotherapy program at WBCP. She is French, studied sociology, (Sorbonne). Speaks Spanish and has worked with Hispanic patients.

**Yulia Landa, PsyD, MS** is an Assistant Professor of Psychiatry at Mount Sinai School of Medicine who specializes in psychosis research and treatment.

**Jessica Levitt** is a talented writer/director who has recently written and directed a play called, "Voices," in which she discusses voice hearing and other mental health experiences.

**Anne Liao** has been involved in peer support since 2013. They work at Foundry BC as a youth peer support worker and is a soon-to-be naturopathic medical student.

**Kathleen Lowenstein** is a doctoral student whose research focuses on the ethics of mental health and illness, with a specific focus on lived experience of voice hearing and experiences commonly understood as psychosis.

**Sarah Lynch, LCSW, MSW** is the program manager at the Portland Identification and Early Referral Program. She has been working in the field for over a decade, and has championed early intervention work.

**Jasmine Lyons** is a second-year student in the medical microbiology program at the University of New Hampshire, from Ottawa, Ontario.

**Denise Maratos, EdM** has been in the healthcare field since experiencing her own mystical states over 25 years ago. A Ph.D. candidate in the field of Clinical Psychology with a Depth Psychology emphasis, she is a Psychological Assistant in private practice.

**Julia Marinos, PhD, C.Psych.** is a Clinical Psychologist in Supervised Practice registered with the College of Psychologist of Ontario. My research has focuses on improving outcomes of CBT-P using a participatory action framework.

**Georgia Martin, MD** has two adult children, including a son who struggles, and is the daughter of immigrants. She works as a community family practice physician.

**Marina Mazur, PhD** is clinical psychologist who, since graduating from Columbia University, has worked with people managing psychosis and extreme states in a correctional setting.

**Randy Morrison, MPH, BS, CIPSS**, Director of Peer Services, came to direct Maine Behavioral Healthcare (MBH) after working as a Peer Support Specialist with people experiencing homelessness and other vulnerable life circumstances in the Portland, Maine area.

**Keris Jän Myrick, MBA, MS** is a Co-Director of The Mental Health Strategic Impact Initiative (S2i), which aims to advance the transformation of mental health by catalyzing cross-sectional reforms, strengthening collaborations, and bridging gaps. She serves on the Board of the National Association of Peer Specialists (N.A.P.S.) and is a Certified Personal Medicine Coach. She is a leading mental health advocate and executive, known for her innovative and inclusive approach to mental health reform and the public disclosure of her personal story. She has over 15 years of experience in mental health services innovations, transformation, and peer workforce development.

**Elisa Nelson, PhD** is a psychologist who works at PERC at UPenn and Beck Institute for Cognitive Behavioral Therapy. She partners with teens, young adults, and family members in managing early experiences with psychosis.

**Bronwyn O'Brien** is in her third year of the Clinical Psychology PhD program at the University of Ottawa. She is passionate about mental health, advocacy and social inclusion and empowerment.

**Eun Hong Park, ATR** is an Art Therapist in private practice with immigrants and their children. She has been doing origami all her life. She learned how to do Expressive Origami Therapy under the mentorship of Toshiko Kobayashi during her internship at the Bronx Psychiatric Center.

**Cardum Harmon Penn, MA** promotes whole person centered program models and trainings. With this approach, those in need experience a non-pathologizing process that encourages empathetic responsiveness, and places emphasis on an integrated approach.

**Cindy Peterson-Dana, LMHC** has worked as a dialogical therapist and trainer, manager and advocate for non-coercive approaches. Internationally certified in Dialogic Training and Practice, she identifies as a family member and expert by experience.

**Jolanda Fernández Ruiz, MS** is a Psychologist and associate lecturer at the University of Barcelona, and a consultant lecturer at the Universitat Oberta de Catalunya. She participates in projects about therapeutic intervention through virtual reality and art.

**Lynn Rutledge's** research focuses on qualitative feminist methods illuminating places and spaces of marginalization and oppression for individuals with severe traumatic brain injury and psychosis, and during older adulthood.

**Paul S. Saks, PhD** is Acting Chief Psychologist of Mid-Hudson Forensic Psychiatric Center and teaches at Teachers College/Columbia University. He also has degrees in Classics and Medieval Studies.

**Jonathan Samosh** is a PhD candidate in Clinical Psychology at the University of Ottawa and a psychology intern at the Royal Ottawa Mental Health Centre's Outpatient Schizophrenia Recovery Program.

**Jaakko Seikkula, PhD** has been involved in developing family-centered mental health care since the early 1980s. He was a member of the original team in Western Lapland in Finland developing the approach later named Open Dialogue. Since 1988, he has conducted research projects on the effectiveness of Open Dialogue, especially on psychosis. He is also interested in looking at dialogues as the basic form of human life and therapeutic practice. Lately he has been looking at embodiment in dialogue, how we communicate in our bodies and create a relational mind. He is Professor of Psychotherapy (emeritus) at University of Jyväskylä and author of two books on dialogical practice and author/co-author of about 190 scientific papers.

**Sage Sezlik** Doctoral student in clinical psychology working in the Royal's Schizophrenia Recovery Program. She is passionate about providing inclusive services to diverse communities and integrating her research interests on attachment/emotion regulation.

**Noor Sharif** is a PhD candidate in Clinical Psychology. She is an international leader, winning awards for her work in anti-racism and BIPOC in Psychology and Psychosis.

**Oluwatobi Sodimu** is a Chemist turned Origamist/Theragamist and Teacher. He is the Chief Origamist of iFoldedit Origami, a venture he started to engender creativity, quality education and sound mental health.

**Ronda "Ro" Speight, NYCPS** is a NYCPS and CRPA certified peer specialist, working from a human rights and social justice perspective. She is passionate about implementing Peer Support within interdisciplinary contexts.

**Helen Thai** is a clinical psychology graduate student at McGill University, student representative on the CPA, and an advisor on the Client Advisory Council at The Royal.

**Jeanette Toledo** is the Chairperson for the NYC Peer Workforce Coalition, a certified Peer Specialist, a member of NAMI and OASAS, and was Valedictorian for AmeriCorps - Peer Corps.

**Ron Unger, LCSW** draws on personal and family experience of psychosis, and experience as a therapist, to develop innovative and humanistic approaches. He chairs the Education Committee for ISPS-US.

**Ashley Wilson, MS** has experience in community mental health on ACT and IPS-SE. She started as a Certified Peer Specialist and worked her way to a therapist who focuses on family psychoeducation.

**Tracy Windsor** started working in peer support in 2009 and has been involved in peer-led initiatives ever since. Tracy is currently involved in two research projects on mental health and recovery.

**Emma Wright** is a McGill undergraduate student who works in empowerment, leadership mentoring, mental health and community change.

**Nicola Patricia Wright, PhD** is a clinical psychologist, advocate, author, and researcher specializing in psychosis. She believes passionately in social justice and social action through participatory action and co-design approaches that address inequity, marginalization, and racism while engendering hope and recovery.

**Pat A. Wright, MEd** has been both energized and challenged in being an advocate for family voices for several decades. She loves learning about and honoring those with unique experiences and their families.

**Sayuka Yamazaki** is a second year Art Therapy Student at New York University. She is a member of Origami Therapy Association. She worked in finance in New York City for many years before deciding to pursue a new career as an Art Therapist.

**Philip T. Yanos, PhD** is a licensed clinical psychologist and Professor/Director of Clinical Training at John Jay College of Criminal Justice.

**Saras Yerlig, CIPSS** was PIER's youth peer support partner for two years, and now is the supervisor of the peer support staff. She supports many programmatic efforts such as a Speaker's Bureau, and young people.