PHP

A Partial Hospitalization Program (PHP) is an intensive outpatient treatment program. Generally such programs are 3 weeks in length, during which clients attend 5-6 hours of programming per day, 5 days per week. The programming includes psychiatric care, group psychotherapy, and psychoeducation skills groups. Such programs are usually provided on a hospital or mental health clinic campus; however, since PHPs are outpatient, clients are able to receive intensive care while still returning to their homes each afternoon. Such programs are often a good alternative to being hospitalized if a client is not deemed to be at imminent risk of harm to self or others.

PHP programs are accessible to clients on private insurance as well as those enrolled in Medicare or a MN Healthcare program. PHP programs are also available to people on Medicare.

A more detailed description about PHP programs can be found at the MN Department of Human Services website:<https://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=ID_058156>

Below is an incomplete list of PHPs in the twin cities metro area:

* **Hennepin Healthcare (HCMC)**

913 S 7th St

Minneapolis, MN 55415

612-873-2212

<https://www.hennepinhealthcare.org/specialty/psychiatry/partial-hospital-program/>

* **MHealth Fairview Partial Hospitalization Program**

2450 Riverside Ave

Minneapolis, MN 55454

612-672-6600

* **Allina Health—Abott Northwestern Partial Hospitalization Program**

800 East 28th Street  
Wasie Building, Suite 600  
Minneapolis, MN 55407

612-863-3285

<https://account.allinahealth.org/services/803#aboutThisService>

* **Regions Hospital Partial Hospitalization Program**

640 Jackson St.

St. Paul, MN 55101

651-254-2402

<https://www.healthpartners.com/care/hospitals/regions/specialties/mental-health/daybridge/>

* **Allina Health—United Hospital Partial Hospitalization Program**

333 Smith Ave N  
St. Paul, MN 55102

651-241-8565

<https://account.allinahealth.org/services/803#aboutThisService>